

# Baltimore City Care Coordination

## **Baltimore Crisis Response Inc.**

5124 Greenwich Ave  
Baltimore, Maryland 21229  
410.433.5255

## **Empowering Minds Resource Center (EMRC)**

1800 North Charles Street, 6th Floor  
Baltimore, Maryland 21201  
Office: 410-625-5088  
Fax: 410-625-4980

## **Hope Health Systems Inc**

6707 Whitestone Road, Suite 106  
Woodlawn, MD 21207  
Office: 410-265-8737  
Fax: 410-265-1258

## **Leading By Example**

3001 E Biddle St  
Baltimore MD 21213  
443-438-7614

## **Optimum Maryland**

2300 Garrison Boulevard, Suite 104 & 106  
Baltimore, MD 21216  
Office: 410-233-6200  
Fax: 410-233-6201

## **You First Health Systems**

300 E. Lombard Street, Suite 840,  
Baltimore, MD 21202.  
301-329-0177

## Care Coordination Comes To You



## Contact Us

**BHSB Child and Family**

410-637-1900

[caya@bhsbaltimore.org](mailto:caya@bhsbaltimore.org)

[bhsbaltimore.org](http://bhsbaltimore.org)



# BALTIMORE CITY CARE COORDINATION PROGRAM

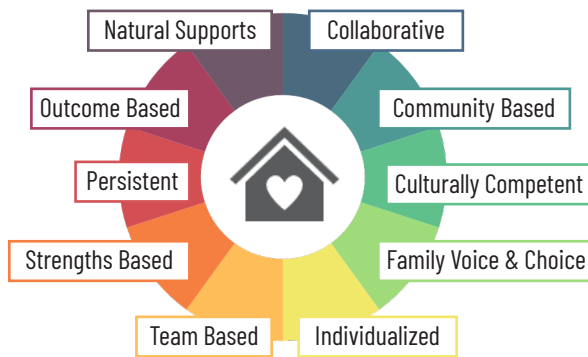


**Behavioral  
Health  
System**  
Baltimore

# What is Care Coordination?

Care Coordination helps youth with intensive mental health needs and their families access medical, mental health, social, educational, and other services.

## Ten System of Care Principles



Care Coordination is provided at three levels based on youth and family needs:

- General: up to 3 hours per month
- Moderate: up to 7.50 hours per month
- Intensive: up to 15 hours per month

Care Coordinators use a holistic approach to create care plans that are:

- Youth-guided
- Family-driven
- Tailored to the needs, strengths, and goals of the youth and family
- Supported by mental health professionals and trusted, community resources

## Targeted Case Management (TCM) Plus

TCM Plus aims to provide care coordination and additional supports to children/youth who have a combination of risk factors and intensive mental health needs. This includes additional family peer support and funding for goods and services.

Services are available on a first-come, first-served basis to youth with medical assistance, private insurance, or who are uninsured. The slots and wait list are managed at a state level through the Behavioral Health Administration.

## 1915i Waiver

The 1915(i) program provides an array of diagnostic and therapeutic mental health services, including 24-hour availability of mental health and crisis services.

A licensed mental health professional must complete a comprehensive assessment outlining how the young person presents a potential danger to themselves or family, friends and community members.

## Call 988 Helpline

Need immediate emotional support for yourself or a loved one? Call text or chat 988 to connect to a counselor who can help. Specialists provide confidential care 24/7. Because we all need help sometimes.



Find more tips and resource at [988helpline.org](https://www.988helpline.org)

# Access and Eligibility

## To be eligible, youth must be:

- Age 17 and below at time of enrollment, may receive services through age 21.
- Diagnosed with or in need of assessment a mental health diagnosis.

## Referral Process:

- Youth can be referred by their parent/caregiver, through the public schools, therapist, social worker, or case manager.
- Referral sources should contact one of the approved providers listed on the back of this brochure for more information and to determine program eligibility and level of care.

