

Baltimore City Care Coordination

Baltimore Crisis Response Inc.

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Baltimore, Maryland 21229
410.433.5255

Empowering Minds Resource Center (EMRC)

1800 North Charles Street, 6th Floor
Baltimore, Maryland 21201
Office: 410-625-5088
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Hope Health Systems Inc

6707 Whitestone Road, Suite 106
Woodlawn, MD 21207
Office: 410-265-8737
Fax: 410-265-1258

Leading By Example

3001 E Biddle St
Baltimore MD 21213
443-438-7614

Optimum Maryland

2300 Garrison Boulevard, Suite 104 & 106
Baltimore, MD 21216
Office: 410-233-6200
Fax: 410-233-6201

Youth First Health Systems

300 E. Lombard Street, Suite 840,
Baltimore, MD 21202.
301-329-0177

Care Coordination Comes To You



Contact Us

BHSB Child and Family
410-637-1900
caya@bhsbaltimore.org
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BALTIMORE CITY CARE COORDINATION PROGRAM

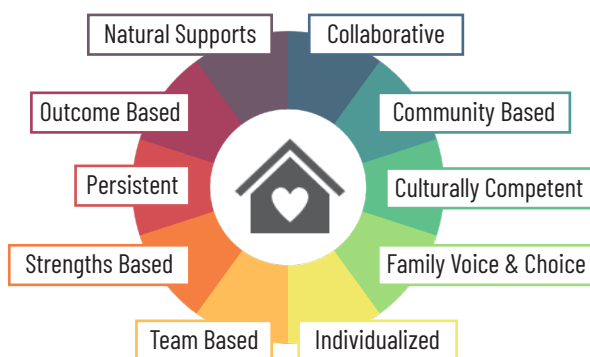


**Behavioral
Health
System**
Baltimore

What is Care Coordination?

Care Coordination, or targeted case management, provides wraparound services to youth and families with intensive mental health needs.

Ten Principles of Wraparound Care



Care Coordination is provided at three levels based on youth and family needs:

- General: up to 3 hours per month
- Moderate: up to 7.50 hours per month
- Intensive: up to 15 hours per month

Care Coordinators use a holistic approach to create care plans that are:

- Youth-guided
- Family-driven
- Tailored to the needs, strengths, and goals of the youth and family
- Supported by mental health professionals and trusted, community resources

Targeted Case Management (TCM) Plus

TCM Plus aims to provide care coordination and additional supports to children/youth who have a combination of risk factors and intensive mental health needs. This includes additional family peer support and funding for goods and services.

Services are available on a first-come, first-served basis to youth with medical assistance, private insurance, or who are uninsured. The slots and wait list are managed at a state level through the Behavioral Health Administration.

1915i Waiver

The 1915(i) program provides an array of diagnostic and therapeutic mental health services, including 24-hour availability of mental health and crisis services.

A licensed mental health professional must complete a comprehensive assessment outlining how the young person presents a potential danger to themselves or family, friends and community members.

Call 988 Helpline

Need immediate emotional support for yourself or a loved one? Call text or chat 988 to connect to a counselor who can help. Specialists provide confidential care 24/7. Because we all need help sometimes.



Find more tips and resource at [988helpline.org](https://www.988helpline.org)

Access and Eligibility

To be eligible, youth must be:

- Age 17 and below at time of enrollment, may receive services through age 21.
- Diagnosed with or in need of assessment a mental health diagnosis.

Referral Process:

- Youth can be referred by their parent/caregiver, through the public schools, therapist, social worker, or case manager.
- Referral sources should contact one of the approved providers listed on the back of this brochure for more information and to determine program eligibility and level of care.

