

ADMISSION CRITERIA

- Young Adults aged 18 to 26 years old with a history of Opioid Use Disorder.
- Can safely function in an independent living environment.
- Ability to self-care and administer medications.
- Willing to be engaged in recovery oriented treatment and services.

Admissions

240-285-6682

E-mail

mjones@mountainmanor.org

Philosophy of Recovery

Addiction is a chronic and progressive illness that is treatable.

Our recovery housing program is focused on addressing your physical, mental, and spiritual well-being, while also assisting the resident with establishing a positive social support system and improving family relationships.

Our mission is to empower our young adults to lead a meaningful and productive life free of drugs and alcohol. It is our vision to ensure that the time spent in our recovery housing program is comfortable, safe, and sustainable journey into long term recovery. We provide our residents with a supportive, and healthy living environment that will enhance the early recovery process and enable residents to live as a positive and contributing member of the community.

Potomac Recovery Housing strives to maintain a respectful environment built on honesty and trust. Focusing on our resident's individual growth to include core principals is important to us.

POTOMAC HEALTH CARE
FOUNDATION

POTOMAC RECOVERY HOUSING



Program Features

- On site staff members to provide quality support and guidance.
- Individualized recovery planning.
- Relapse prevention medications accepted and embraced.
- Constructive life skill development.
- Recreational activities
- High quality accommodations & amenities including comfortable bedding, access to computer and WiFi internet.



Program Description

We provide sober and supportive recovery housing to male and female individuals ages 18-26 that suffer from substance use or co-occurring disorders with a primary diagnosis of Opioid Use Disorder. The housing program is designed to assist residents in developing tools, habits, and patterns of daily living which do not include the use of alcohol or drugs. Surrounded by a warm and supportive environment, residents will participate in a unique early recovery experience that will enable them to practice skills to live a healthy life in long term recovery.